

AA District 18 Newsletter

Volume 4, Issue 10

October 2023



We have some late breaking news for District 18.

- ***new meeting*** A new men's meeting will be meeting on Friday at 8:30p at 3rd and Alby in Alton. Entrance is on 3rd Street.
- **The GSO is needing your help.** The GSO is revising the flyer "**A Message to Teenagers**," and needs feedback about what you think they should do to update the flyer by taking the below survey. **The survey will close October 4, 2023.** There is a link to the survey under **Important Announcements** at <https://aa-district18.org/>

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Dignity & Grace

AA Grapevine Discussion: Dignity and Grace

This month, we continue with AA Grapevine discussion questions. We highly encourage our readers to read the AA grapevine article relevant to the discussion, but it is not necessary to have read it or to be familiar with it. We are answering the questions based on our own experience with the hope that our answers will be helpful to our readers.

This month's discussion questions are from Octobers' AA Grapevine issue, and are related to Dignity and Grace.

'How do you find dignity and grace through super difficult times in sobriety? Share ways you stay sane and sober when bad things happen. How is your reaction to huge life changes different than when you were drinking? What are some ways you stayed sane and sober when you were a newcomer?'

Since I've been in A.A., a lot of good things has happened to me. My relationships with my wife and my family have improved. I was able to make myself a contributing member of society once again when I landed a job doing what I love doing. And because of the A.A. program, my job responsibilities have expanded to include new responsibilities that fear kept me from fully embracing during my drinking phase at my previous employment years ago. Life is so much more rewarding. I am alive, enjoying both the good and bad, all while sober today.

On August 3rd, I received a call from my

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Dignity (cont'd from pg. 1)

best friend that a friend we shared and grew up together with passed away. He died from alcoholism. He fought his disease until he couldn't fight it anymore. He had periods of sobriety in A.A., but wandered out time and again. Finally, he couldn't make it back.

I first met him in Boy Scouts when I was 11. We went on many scouting adventures during the following years, a week at scout camp each year, our weeklong summer camping trip to places like Land Between The Lakes, and Boundary Waters in northern Minnesota, weekend campout each month. We had a lot of good times in Scouts. We were both on the Soccer Team for 4 years at our high school. But we also had a lot of good times partying. After graduating high school, we drifted apart going our own ways.

In 1997 I was getting married and I wanted to ask if he could be groomsmen for me in my wedding. He said it would be an honor. We stayed in contact for the next few years, until he got divorced. Then we didn't see each other for a long time.

I was discharged from the hospital July 12th, 2019 and went to Highland Healthcare Center for physical therapy. While I was there, he came sometime during my first week and 12th Stepped me while he was active in A.A. at the time. I do not recall much of that 12th step visit, but it must have made an impact on me, though I didn't realize it at the time. When he was leaving, he gave me a 24 hour coin. I've carried that coin he gave me every day. I am not exactly sure why I carried that coin, but for some reason, I clung on to it. Maybe it gave me hope.

I finally came to AA in September of that year, but was never able to meet up with him in a meeting. I found out through him in 2020 he stopped going to A.A. I tried to get him to come back into AA, but he didn't want to come back. I thought our friendship could be rekindled through AA if I could get him back in the rooms. Then one day while we were texting each other, he wrote, 'I've been good at helping others, just not so good at helping myself'. I didn't know what to do at that point.

It was difficult to hear of his passing. My best friend and I talked about the good times we had with our friend. I talked about his struggles with alcoholism. How he didn't want help anymore and how I could not convince him to come back to the rooms.

My emotions over the next days until his funeral, went from sad to mad back to sad. I was sad I could not help him, where I thought I was doing everything I could. I was mad at him because he was here, in this wonderful program of AA, and he rejected it, knowing it had helped him before. Then I was sad, because this was a reminder of how fatal this disease is. His passing reminded me that my only defense against the first drink is working the complete AA program.

When I was in rehab, two people died from their disease after few days of being discharged. At that time, it was a reality check, but it didn't really sink in. I've know others who came to this program, but didn't or wouldn't accept this new way of life, and died. Those affected me in some way, but when I lost my friend, it took on a whole new meaning.

I wish I could have remembered what he told me during that 12 Step visit he made with me. I will be eternally grateful for his visit that day, he saved my life. He may be gone, but I will never forget him. I still carry the 24 hour chip he gave me. It reminds me that all I have is today.

John G



Step 10

"Continued to take personal inventory and when we were wrong promptly admitted it."

The vital principle of the 10th Step is 'Perseverance' with diligence to Live in the NOW!

I had done all the steps up to this point. When I began the steps, I told myself that I was going to do those as completely and honestly as possible. Then I told my sponsor I was only doing these steps once. He just smiled back at me said, "That's fine John." Little did I realize what the steps would do for me as I worked each one. Those were preparing me for the 10th step.

Sometimes I like to look up words in the dictionary to learn their meaning, since I'm forgetful. I really like the definition of perseverance,

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Perseverance (cont'd from pg. 2)

'steady persistence in a course of action, a purpose, a state, etc., especially in spite of difficulties, obstacles, or discouragement.'

Now that I am at Step 10, most of the wreckage of my past has been addressed. I've been able to identify my character defects, and God removed most of those. I've admitted all my wrongs to another and God. Almost all the garbage I've been carrying with me my whole life has been cleaned up. How do I keep all that from happening again? I continue to take personal inventory daily.

I need to look at myself during and at the end of the day, to look at my actions. Did I do anything good? Did I do anything bad? Did I develop any resentments to another? Doing good for someone is great, but did I do it personal gain, or to inflate my ego? Or did I do it out of a simple act of kindness? If I did something bad, was a character defect revealed that I may need to work on? A resentment probably involved a lingering character defect as well. If any of these required corrective action, I need to address it promptly. Not addressing these types of issues is part of what contributed to my alcoholism, carrying all that baggage.

Continuing to take personal inventor daily allows me to see any repeating patterns that I have. Maybe I'm doing things for others only because I want praise for doing them. That's awful self-centered of me. This tells me that I am still thinking about myself and not others. So this step allows me to address those lingering defects.

I've heard in meetings that God will remove all my defects except the ones I am still using. I was surprised to learn what character defects I had in Step 4. I never thought I was that bad and I didn't like those defects either. I believe God removed most of my defects, and it's evident because of how I feel today. But I also know I can easily take those defects back, and this step shows me when I have. This step provides me a tool to keep my side of the street clean.

JJG

'Perseverance is the hard work you do after you get tired of doing the hard work you already did.'
-Newt Gingrich

INTERESTING DATES IN OCTOBER AA HISTORY

OCT 1904: Marty Mann, an early AA woman & founder of the Nat'l. council on Alcoholism & author of the best-selling book "Primer on Alcoholism," was born in Chicago IL

OCT 1935: Ebby T, Bill W.'s boyhood friend & who introduced him to the Oxford Group, moved in with Bill & Lois.

OCT 1937: AA meetings are held weekly at Bill & Lois's home at 182 Clinton ST., Brooklyn, the 1st NY AA group.

OCT 1937: Dr. Leonard Strong, Bill W.'s brother-in-law, writes Rev. Willard S. Richardson of the Rockefeller Foundation seeking money for the new recovering drunks group that will be AA.

OCT 1937: Bill & Lois leave by automobile for Akron OH.

OCT 1941: AA #3, Bill D., & 900 other AA's attend Testimonial Dinner at Hotel Seiberling in Cleveland.

OCT 1941: White Plains NY Reporter Dispatch writes on Eastview AA's work in Westchester prison.

OCT 1942: The 1st issue of Cleveland AA's "The Central Bulletin" is published. (See Attached)

OCT 1945: The AA Grapevine was adopted as nat'l. publication of AA with 3,000 subscribers.

OCT 1951: The Lasker Award was given to AA by the American Public Health Assn. In San Francisco.

OCT 1957: The book "Alcoholics Anonymous Comes of Age" is published.

OCT 10 1970: Lois reads "Bill's Last Message" at the Bill W. Dinner.

Upcoming Events for October

DISTRICT 18 PICNIC

- DATE: SUNDAY, OCTOBER 1ST, 2023
- TIME: 12:00 PM – 4:00 PM
- PLACE: HARTFORD PARK, HARTFORD, IL
- SPEAKERS: JACKIE C, COLLINSVILLE AND PAUL B, EDWARDSVILLE.

CHILI POTLUCK AND SPEAKER MEETING

- DATE: MONDAY, OCTOBER 2TH, 2023
- TIME: 6:30 PM – 8:30 PM
- PLACE: BRIDGE CHURCH, ALTON
504 EAST 12TH STREET, ALTON, IL
- EAT AT 6:30PM, SPEAKER AT 7:30 PM.
- CHILI PROVIDED, BRING A SIDE DISH, DESSERT OR APPETIZER IF YOU LIKE
- SPEAKER: ANNIE K

HIGHLAND AA PICNIC

- DATE: SATURDAY, OCTOBER 7TH, 2023
- TIME: 11:00 AM – 2:00 PM
- PLACE: SILVER LAKE, HIGHLAND, IL
LARGE PAVILION
- PLEASE SEE ATTACHED FLYER FOR DETAILS.

ISCYPAA RAP BATTLE

- DATE: SATURDAY, OCTOBER 14TH, 2023
- TIME: 11:00 AM – 3:00 PM
- PLACE: NEW DAY RECOVERY CLUB
4046 FORREST BLVD, EAST ST. LOUIS, IL
- PLEASE SEE ATTACHED FLYER FOR DETAILS

GSR MEETING-HYBRID

- DATE: SUNDAY, OCTOBER 15TH, 2023
- TIME: 2:00 PM – 3:00 PM
- PLACE: AT CSO AND ON ZOOM
- MEETING ID: 860 0054 3107
PASSCODE: 093088

TUESDAY NIGHT SERENITY GROUP-POTLUCK AND MOVIE NIGHT

- DATE: TUESDAY, OCTOBER 31TH, 2023
- TIME: 6:30 PM – 9:00 PM
- PLACE: NEW RIVERS ASSEMBLY OF GOD
2620 N CENTER ST, MARYVILLE, IL
- EAT AT 6:30 PM, MOVIE AT 7:30 PM
- PLEASE BRING A COVER DISH.

Mark Your Calendars

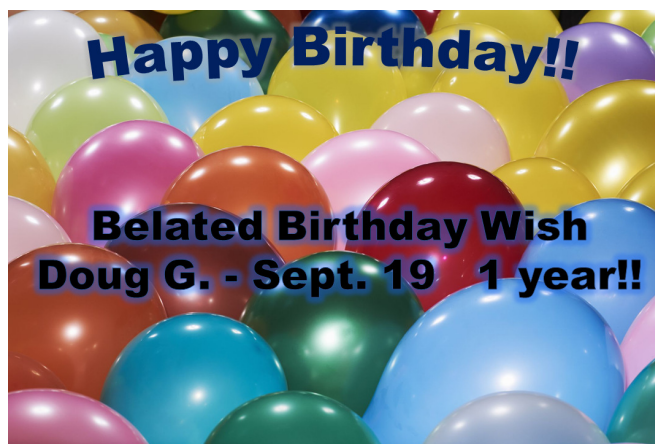
2023 MEN'S AA UNITY BREAKFAST

- DATE: SUNDAY, NOVEMBER 5TH, 2023
- TIME: 8:00 AM – 11:00 AM
- PLACE: REGENCY CONFERENCE CENTER
400 REGENCY PARK, O'FALLON, IL
- PLEASE SEE ATTACHED FLYER FOR DETAILS.

GSR MEETING-HYBRID

- DATE: SUNDAY, NOVEMBER 19TH, 2023
- TIME: 2:00 PM – 3:00 PM
- PLACE: AT CSO AND ON ZOOM
- MEETING ID: 860 0054 3107
PASSCODE: 093088

OCTOBER BIRTHDAYS



If you've thought of subscribing the Grapevine and have been putting it off, please consider subscribing and adding it to your sobriety tool kit. It's easy to carry with you and can provide inspiration when you need it. I've attached subscription forms at the end of this newsletter, and you can even gift a subscription to a friend.

Thank you, John G. (D-18 GVR)

DO YOU HAVE AN UPCOMING EVENT OR A BIRTHDAY IN NOVEMBER, or are you interested in contributing to the newsletter? Please send any of the above to info@aa.district18.org by 010/31/23, being mindful of our steps and traditions. Any suggestions or comments are always appreciated and can be sent to info@aa-district18.org.

THANK YOU for subscribing to our newsletter!

Bill's Last Message

Bill was one of A.A.'s two co-founders.

My dear friends,

Recently an A.A. member sent me an unusual greeting which I would like to extend to you. He told me it was an ancient Arabian salutation. Perhaps we have no Arabian groups, but it still seems a fitting expression of how I feel for each of you. It says, "I salute you and thank you for your life."

My thoughts are much occupied these days with gratitude to our Fellowship and for the myriad blessings bestowed upon us by God's Grace.

If I were asked which of these blessings I felt was most responsible for our growth as a fellowship and most vital to our continuity, I would say, the "Concept of Anonymity."

Anonymity has two attributes essential to our individual and collective survival; the spiritual and the practical.

On the spiritual level, anonymity demands the greatest discipline of which we are capable; on the practical level, anonymity has brought protection for the newcomer, respect and support of the world outside, and security from those of us who would use A.A. for sick and selfish purposes.

A.A. must and will continue to change with the passing years. We cannot, nor should we, turn back the clock. However, I deeply believe that the principle of anonymity must remain our primary and enduring safeguard. As long as we accept our sobriety in our traditional spirit of anonymity we will continue to receive God's Grace.

And so—once more, I salute you in that spirit and again I thank you *for your lives*.

May God bless us all now, and forever.

**Read by Lois at the annual dinner given by the New York Intergroup Association in honor of Bill's 36th anniversary—October 10, 1970.*

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CENTRAL BULLETIN

UNSELFISHNESS — HONESTY — TRUTH — LOVE

VOL. I-No. 1

BOX 1638, STATION C, CLEVELAND, OHIO

October, 1942

Editorial . .

For some time it has been the conviction of several A.A. members as the result of the expansion of our fellowship in Cuyahoga County, that some means of wider communication of our activities to our members is needed.

To that end, the efforts of this bulletin will be dedicated.

Many of our members are leaving the city to take jobs elsewhere and many are going into the armed services.

To these members we think we can fill a definite need.

We shall strive to maintain an interesting and lively contact between these absent members and us at home.

Letters from men in the services all beg for news of happenings within the various groups. We hope to meet this plea.

We hope, through this bulletin to bring you news of general interest to A.A. members, such as notices of parties, anniversaries (?), picnics, special meetings, activities of the various committees, formation of new groups and other work of the organization in Cleveland.

News items will be welcome from members of all groups, on questions relating to improvement of the A.A. technique. Someone may be able to suggest a better hospitalization plan, a better way to approach a prospect, or some other improvement.

We expect to include in this bulletin suggestions for reading, prayers, discourses on various phases of re-education under the A.A. program.

We shall remember A.A.'s second A. No member's name will be used in this publication without his unqualified consent. Nothing will be published that will be embarrassing to any member. We shall operate always in a spirit of Love and Unselfishness.

The chief justification for this bulletin will be to further the work of A.A.

There are 6500 active members of A.A. in the United States, a report from the national office in New York says. However, there are many unattached members, because of out-of-town defense work, and Bill Wilson's office estimates that the total membership in the nation today is between 8,000 and 9,000.

WE HONOR BILL WILSON

The Annual Dinner will be held in the Rainbow Room of Hotel Carter, at 2 P. M., Sunday, November 8th.

Bill Wilson, our founder, will be the principal speaker.

Tickets for the dinner can be bought from group secretaries at \$2.10 each. The speaking program will start promptly at 4 P. M. Those unable to attend the dinner but wish to attend the after dinner meeting at which Bill Wilson will speak, may buy admission tickets for 40c.

A Plea to the Secretaries

To enable the Bulletin to compile a mailing list of all men in service, group secretaries are requested to send names and addresses of all service men. Individual members may send names and addresses of service men to the A.A. postoffice box, P. O. Box No. 658, Church St. Annex, New York City.

This first edition of the Bulletin is merely an outline of what we intend to produce in the future. It is not intended

to be a monthly report of only central committee's activities, but is intended to be a reporting service of all groups in Cuyahoga County.

In order to make this paper truly interesting to every member, it will be necessary to get news items from every group. And if it is to be a success, it will be the necessary duty of every secretary to transmit his group's news to the editors before the first Tuesday in each month.

For the sake of economy of space, all news items, interesting articles and correspondence which would be of interest to all members may be edited or condensed if necessary.

To start, this bulletin will be printed on both sides of an 8½x11 sheet. If it is warranted, another page will also be used. This size was recommended by the editors, because all issues can be assembled in standard loose-leaf binders.

For the present time, sufficient copies will be mailed to each secretary for voluntary distribution at meetings. A plan will be submitted, whereby all members will receive the bulletin by mail in an envelope bearing only the box number of the Central Committee. No further identification will appear. If this plan is adopted, it will assure every member of receiving a copy. Naturally this will entail some expense and a nominal charge for a year's subscription may be charged to cover cost of printing, envelopes, addressing, inserting and mailing. This is a tentative plan and subject to the will of each group.

Norman Ebert's compilation of the membership of Cuyahoga County, made just before he died, shows an active list of 1400. Counting those who have had to leave because of work in other cities, or for other reasons, there are about 1800 practicing A.A.'s who belong to our community.

GIVE US A NAME

This first bulletin is called the "Central Bulletin". This name does not convey its purpose. Put on your thinking cap and submit a name to your secretary and the committee of secretaries will adopt a new title from your suggestions. Please do this at once so we may select it before the next publication.

GROUP MEETINGS

Monday

Borton Group	13331 Euclid Ave.	8:45
Lee Road Group	1637 Lee Road _____	8:30
Orchard Grove	-Townsend Hall. 15003 Detroit Ave. _____	8:30
Lake Shore	Lake Shore Hotel, Dinner at 7:30, Meeting at. _____	8:30
Lorain Ave. _____	Banater Hall Annex, W. 120th at Lorain.	8:30
Miles Ave.	12907 Union Ave.	8:30
Shaker Heights _____	Shaker Jr. High, S. Woodland and Woodbury.	8:30

Tuesday

Wade Park _____	82nd and Wade Park	8:30
West Side Men's	Pilgrim Church, W. 14th and Starkweather	8:30

Wednesday

Crawford Men's	8920 Euclid Ave.	8:30
Brooklyn _____	K. of P. Hall, Broadview and Pearl Rd	8:30
Lee Road _____	1637 Lee Road.	8:30
Collinwood _____	14707 St. Clair Ave.	8:30
Women's _____	12214 Detroit Ave.	8:30
Lorain, Ohio _____	Antlers Hotel	8:30

Thursday

Lee Road	1637 Lee Road	8:30
Avon Lake	1112 W. Erie, Lorain	8:30
West 25th St.	Schmotzer's Hall, W. 25th and Erin Ave.	8:30
Glenville	E. 105th and Marlowe	8:30

Friday

Lee Road	1637 Lee Road.	8:30
Berea	Bagley and Seminary	8:30
Gordon Square	CIO Hall, 6221 Detroit Ave.	8:30

Sunday

Crawford Training	8920 Euclid Ave.	8:30
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Morning Meetings

Wednesday Mornings Collinwood	14707 St. Clair Ave.	10:00 A. M.
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Thursday Mornings West 25th St.	Schmotzer's Hall, W. 25th and Erin Ave.,	10:00 A. M.
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1st Tuesday every month

Central Committee	8920 Euclid Ave.	8:30
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ALCOHOL BARS MILLION

A newspaper clipping called to our attention that chronic alcoholism was keeping 1,000,000 persons out of the war effort, and that 60,000 new chronic cases were being discovered each year. These figures would indicate that in proportion to the entire country, about 10,000 Greater Clevelanders are waiting for the same message that brought us back to sanity and a rightful place in the community.

The national A.A. office in New York is compiling a list of A.A. members that are in the service. If group secretaries will send all the names of service members to New York, many members now in the service will be able to establish A.A. contacts they now miss.

The Bulletin will be published on the 15th day of each month. News for the Bulletin should be in the hands of group secretaries not later than the first Tuesday of each month.

ATTEND THE

ANNUAL

A. A.

MEETING

Honoring

BILL WILSON

Founder of A. A.

✱

RAINBOW ROOM

CARTER HOTEL

Sunday, November 8, 1942

✱

Dinner at 2 P. M.

Only 750 can be served. Get your tickets early. Ticket includes the meeting.

Price \$2.10, includes tax.

Meeting at 4 P. M.

This meeting will start promptly. Entrance can only be made with ticket.

Price 40c, including tax.



CENTRAL BULLETIN

UNSELFISHNESS — HONESTY — TRUTH — LOVE

VOL. I-No. 2

BOX 1638, STATION C, CLEVELAND, OHIO

November, 1942

Editorial . .

The Founder called it "a Miracle of Transformation."

So it was. There were doctors, lawyers and mechanics, business executives and clerks: men of many stations of life and of many creeds.

Not so long ago they were chained almost inescapably to an obsession that defied determination and willpower, that progressively destroyed their usefulness to themselves, their families and to society.

They and their wives, numbering nearly 1000 persons, filled the great Rainbow Room of Hotel Carter. They were there to pay tribute to the Founder. Yet the Founder's inspiring message was overshadowed by the audience itself. There were many hundred personal triumphs, and many hundred triumphs of missionary zeal.

The Founder himself saw this great audience as a miracle. He paid tribute to the work of the members of Greater Cleveland, who had shown how ordinary men, with Divine inspiration, could succeed in an effort that would be accounted too great for professionals.

The Founder led a meeting. He told us about his personal problem. He told us how, after he had received the inspiration that led to the development of the method, his problem still remained. It remained as long as resentment, intolerance and self pity remained. He put strong emphasis on the destroying effect of resentment.

He met his crisis as most of the rest of us have learned to meet our crises: by acceptance of the guiding hand of the Creator, and by working with others.

He spoke of humility and patience and love and honesty and unselfishness. But particularly, he spoke of the destructive effects of resentment, intolerance and self pity.

There were two other speakers. The guest of honor of last year's dinner meeting spoke of the necessity of passing the work on to others, of correcting our thinking, of finding a new plan for living, and of making use of the opportunity to gain happiness.

The other speaker was a Clevelander, a member for five years. He spoke on the individual nature of the problem and the individual's own responsibility for its solution.

Members from 20 other cities were present: Lorain, Akron, Uhrichsville, Ashtabula, Youngstown, Dayton, Columbus, Geneva, Mountainview, Kent, Canton, Cuyahoga Falls, Mount Vernon, Belleview, Mansfield, Berea and Toledo in Ohio; Erie, Pa., Pittsburgh, Pa., and Jackson, Mich.

ABSOLUTE HONESTY—One of the four absolutes of A. A. means that we **MUST** be honest with ourselves first, last and always if we are to succeed in this New Way Of Life.

Responsibility of Sponsors

The greatest responsibility any man or woman assumes as a member of A. A. is the treatment or sponsorship of the new prospect.

Upon how thoroughly and conscientiously this job is done by us depends the future happiness and security of the individual concerned.

It is, therefore, important that we assume this responsibility in its entirety, not only for the benefit of the prospect, but for our own protection as well. Our own safety and security depends upon how unselfishly we give of ourselves to others.

It is our duty to be certain beyond the shadow of a doubt that the prospect once left on his own has such a complete understanding of the principles and practices of this movement that he will know what to do under any and all conditions.

This is accomplished only by painstaking effort on our part to the extent that we must be sure that the prospect has received the proper instructions from a great number of contacts, thru the reading of the book, Alcoholics Anonymous, and by our showing the way properly to make a contact with others. All this having been done, it is important that we impress upon the prospect the fact that he must then do this job himself for his own security.

All these things are vitally necessary and it is the sponsor's responsibility to follow thru on

this to the point where the prospect is able honestly to recognize the fact that regardless of what the condition or circumstance with which he is confronted a drink is never the solution to his problem.

SUNDAY EVENING MEETINGS

At a round table discussion meeting it was suggested that a Sunday evening group be started and that it preferably meet regularly downtown or within easy reach of all districts of Cleveland. We suggest that the secretaries bring this up for discussion at regular meetings, and if sufficient interest is aroused, steps will be taken to create a new group.

BULLETIN RETAINS NAME

In the first Bulletin it was suggested that everyone put his thinking cap on and submit a name for the subsequent Bulletins. Only one other name was suggested and the delegates to Central Committee expressed a preference for the original name, so the name stands. A new masthead is being drawn by one of our artist members, so for the Christmas issue you may see us with a different "dress" on.

God's Love

Let the thought of Love be with you:

Pass it not one single day:

It will ever be your sunshine.

Health and joy in every way.

Use it when dark clouds may gather,

And all trouble soon will cease:

Just know God's great Love forever—

It will bring you lasting peace.

GOSSIP

Gossip is one of the cardinal sins. It is not a single act, like murder, that stops one's life and falls back to punish the offender. It is the breath of the Devil, soiling every ear it touches. It is the most deadly of poisons. It blights many lives, it smites the innocent with the guilty.

An old Italian legend tells the following:

In the old days, a peasant confessed to a priest that he had slandered an innocent man. The priest said to him, "For your penance do this now: Take a bag of chicken down. Go to every yard in the town and drop one bit of down into each garden. Do not miss *one* yard. When you have finished, return to me."

The sinner believed his punishment was light. With his bag of down he made the circuit of the village and carefully dropped one soft feather into each garden. Then he reported to the priest, saying: "I have done my penance."

"No, my son," replied the old abbe. "You will not have done your penance until you take this bag, go again on your rounds, collect every feather you have dropped, and bring it here to me."

The gossip protested that it would be impossible: he could not find the bits of down in a lifetime; many of them had blown far away.

"So it is with gossip," replied the priest. "It is easily dropped. But never again, no matter how hard you try, can you rather back the words you have so thoughtlessly scattered."

"Create in me a clean heart, O Lord!"

A. A. MALE CHORUS

The Male Chorus has finally been launched, and rehearsals are held every Sunday afternoon at 4 P. M. in the Old Arcade (Superior entrance). There is still an insistent demand for first tenors and low basses, and a plea is now made for an early response to further this worthy endeavor.

This chorus is considering a suitable name for itself—a name which will not in any way denote A. A. connection. It will be available for Cleveland's community activities and only the members themselves will know its origin.

Francis Sadlier, a teacher of voice and a well-known figure in Cleveland's musical circles, will direct and train the group. His personal acquaintance with several of the members prompted him to practically donate his services and facilities to the cause. (He is not a member of A. A.)

LAKWOOD GROUP

The Lakewood Group, parent of the West Side groups, will celebrate its third anniversary, at the semi-monthly party Saturday, November 21, 1942. This group was founded November 20, 1939.

The second annual dinner and reunion of the founders of the Lakewood Group, first West Side group, will be held at Cousin's Restaurant, 15001 Detroit Ave., Lakewood on Saturday, November 28th.

The Group has reinstated its "every other Saturday" evening get-togethers. Cards and games provide entertainment and the membership feels it engenders a greater social activity than is possible on meeting nights.

GORDON SQUARE GROWTH

On July 21, 1942, the Gordon Square Group started with two members. The Group now numbers forty-one. This shows that the location selected was wise and also that some splendid work has been done by the members. Fine cooperation was given by the West 25th-Erin Group and the Lorain Avenue Group. The fine response from the Women's Group also was a great factor in its success.

-B. H.

A farewell party and dance was held in honor of Clarence Snyder on Saturday evening, October 3rd, C. I. O. Hall, 6221 Detroit Ave., with the Gordon Square Group as hosts. He was presented with a beautiful service wrist watch as a gift from all West Side groups who acclaimed him for his pioneer work in Cleveland and particularly the West Side. The large crowd wished him Godspeed and his parting speech was well received.

CRAWFORD MEN'S TRAINING

The Crawford Men's Training System has been highly acclaimed by many. Older A. A.'s are asked to come to these meetings with or without new prospects where new prospects will be given individual attention just as though they were in a hospital. Visiting a prospect in his home has always been handicapped by interruptions: by the prospect not daring to unburden himself completely for fear of being overheard by his relatives, and by the A. A.'s reticence for the same reason. Hospitalization without question is the ideal answer to where the message will be most effective, but the Crawford Training Plan strikes us as being the next best.

This group has even had regular visitors: from Pittsburgh and surrounding small towns.

LEE ROAD GROUP

A goodly number of the Wednesday night Lee Road Group spent a very pleasant Sunday afternoon and evening last month at the Hinckley Lake home of our Group Secretary and enjoyed a delicious chicked dinner.

-B. E.

WOMEN'S GROUP

We of the Women's Group feel that we are not entitled to a great deal of space in our "Central Bulletin," being so much in the minority. However, we proclaim far and wide the success we have attained, against many odds. We were told over and over, that when it came to organizing and trying to educate a "Bunch of Alcoholic Women" that it would be hopeless. To our great satisfaction and pride, our able organizer and first Secretary did not let that discourage her. She believed in her idea of a Group for women only. Our success and constant growth proved her point better than anything we can say.

Of course, with all of us, the Women's Group comes first, but we are always glad to co-operate in any way we can with the Men's Groups, as many of them have been very kind and helpful to us.

Here's to the immediate success of your paper—whether it is "Central Bulletin" or "Good News From The Home Front."

WADE PARK GROUP CHANGES LOCATION

The Wade Park Group has just changed its meeting place from East 82nd and Wade Park to the Parish House of Emmanuel Church, 8614 Euclid Ave. An enthusiastic group of about 100 persons welcomed the change on the first meeting night.

No mention was made to the editors as to whether the group changed its name, and our efforts to certify the information were unsuccessful. However, if there is a change, it will be announced in the next bulletin.

THE MAN IN THE MIRROR

When you get what you want, in your struggle for self,
And the world makes you king for a day—
Then go to the mirror and look at yourself,
And see what THAT guy has to say.

For it isn't a man's father or mother or wife
Whose judgment upon him must pass:
The fellow whose verdict counts most in your life
Is the guy staring back from the glass.

He's the fellow to please—never mind all the rest,
For he's with you clear up to the end,
And you've passed your most dangerous difficult test
If the guy in the glass is your friend.

You may be like "Jack Horner" and "chisel" a deal
And think you're a wonderful guy,
But the man in the glass thinks you're only a heel
If you can't look HIM straight in the eye.

You can fool the whole world down the pathway of years,
And get pats on the back from your friends,
But your final reward will be heartaches and tears
If you've cheated the guy in the glass.

GROUP MEETINGS

Monday

Borton13931 Euclid Ave. 8:45
Lee Road 1637 Lee Road 8:30
Lnkewood Townsend Hall,
 15903 Detroit Ave. 8:30
Lake Shore Lake Shore Hotel,
 Dinner at 7:30, Meeting at 8:30
Lorain Ave. Banater Hall Annex,
 W. 120th at Lorain 8:30
Miles Ave. 12907 Union Ave..... 8:30
Shaker Heights Shaker Jr. High,
 S. Woodland and **Woodbury**..... 8:30
South East Group 10203 Miles Ave 8:30

Tuesday

Wade Park Emmanuel Church (Rear),
 8614 Euclid 8:30
West Side Men's Pilgrim Church,
 W. 14th and Starkweather 8:30
Douglas, Mansfield O......North Lake Park, Sec. Address,
 147 W. First St., Mansfield, O. 8:30

Wednesday

Crawford Men's 8920 Euclid Ave 8:30
Brooklyn K. of P. Hall,
 Broadview and Pearl Rd. 8:30
Lee Road 1637 Lee Road..... 8:30
Collinwood 14709 St. Clair Ave 8:30
Women's 12214 Detroit Ave 8:30
Lorain, Ohio Antlers Hotel 8:30

Thursday

Lee Road 1637 Lee Road 8:30
West 25th St Schmotzer's Hall,
 W. 25th and Erin Ave 8:30
Glenville E. 105th and Marlowe 8:30

Friday

Lee Road 1637 Lee Road ____ 8:30
Avon Lake 1112 W. Erie, **Lorain** 8:30
Berea Bagley and Seminary 8:30
Gordon Square CIO Hall, 6221 Detroit Ave 8:30
Brooklyn-Parma 4421 Pearl Rd..... 8:30

Sunday

Crawford Training 8920 Euclid Ave 2:00

Morning Meetings

Wednesday Mornings
 Collinwood 14709 St. Clair Ave 10:00 A. M.

Thursday Mornings Schmotzer's Hall,
 West 25th St W. 25th and Erin Ave., 10:00 A. RI.

1st Tuesday every month

Central Committee 8920 Euclid Ave..... 8:30

TELEPHONE LISTING

At the last regular meeting of the Central Committee it was decided to list Alcoholics Anonymous in the telephone directory. A twenty-four hour service will be maintained. Since the deadline for listing was near, it was decided to act immediately rather than approach each individual group for support, which the delegates present felt could be assured.

That the listing is important and necessary goes without saying, as many groups in other cities will attest, where listing has been in effect for some time.

A six-point dispatching service is being worked out by a committee and will be presented to the delegates to Central Committee to be taken to their groups for explanation and approval. Then tentative plan provides for three east side and three west side outlets.

ACCREDITED A. A. HOSPITALS

Approved by Hospital Committee of Central Committee

	Doctor's Fee and Medicine	Room Rate	Cash Deposit
*Charity Hospital Central at East 22nd Main 9400	\$10.00	Regular Rate	\$5.00 per day
*Deaconess Hospital 4233 Pearl Road Florida 0070	\$10.00	Regular Rate	\$5.00 per day
*East Cleveland Clinic. 13240 Euclid Ave. Glenville 3244	Dr. \$10.00 Med. 5.00	\$6.00	\$45.00
Farguharson's Home 6037 Pearl Road Shadyside 8374	Dr. \$5.00 Med. 5.00	\$7.00	\$45.00
Harmony Home 9711 Lamont Ave. Randolph 2703	\$10.00	\$6.00	\$40.00
*Nottingham Hospital 18920 Nottingham Road Ivanhoe 0133	Dr. \$10.00 Med. 5.00	\$6.00	\$45.00
*Al Webster's Inc. 3730 Euclid Ave. Express 0180	Included	per day over 5 days	\$5.00 \$45.00
Women's A.A. Hospital. 12214 Detroit Ave. Academy 4688	\$5.00	\$7.00	\$40.00
Wright Nursing Home 15315 Detroit Ave. Academy 4879	Call for information		

*Hospitalization recognition.

NEWS FROM CAMPS

Letters and news of AA's are greatly appreciated. Every effort will be made to pass on information as space will allow. No address will be given without consent, and excerpts from letters will be published whenever possible.

EDITOR.

* * * *

Word was sent to all secretaries that Glen R. Wadick was ill in the infirmary, and a letter brought this reply,
"Thanks for your letter and am back in the pink again. Had a touch of the flu I guess. You may use my name and address in the Bulletin if you wish. Give my best regards to the old bunch. Hope to get away from here soon, as I really want to get in this war and see some action. Am awaiting orders to go to Ft. Benning for officers training—hope it comes soon.

*Best regards to all my AA friends,
 Sgt. Glen R. Wadick,
 Co. D, 29th Eng. Tr. Bn.,
 Fort Leonard Wood, Mo."*

* * * *

Clarence Snyder writes us that
"The going is tough but I don't hear anyone hollering UNCLE. My only regret is that I am not 15 or 20 years younger, but I feel that I can offset that by application of other advantages I may have.

I received a copy of the first edition of the newspaper and enjoyed it much. Here's hoping the best for its success. I will anticipate receiving it each month.

If any of my friends wish to write me, address me as follows—

*Pvt. Clarence H. Snyder,
 Co. B, 8th Bn. A.F.R.T.C.,
 Fort Knox, Ky."*

* * * *

"... but I miss the association of the groups. I haven't run across any other AA's altho I'm inquiring around. I'm still keeping my chin up and I pray God I won't have any trouble. I don't think I will. My best to you and the whole Glenville Group.

*Pvt. F. M. Orpse,
 Flight A-565 T.S.S. (SP)
 Atlantic City, N. J."*



Get ready for the

HIGHLAND AA PICNIC

SAT. OCT. 7TH, 2023
SILVER LAKE-LARGE
PAVILION

11:00am-Fellowship
12:00pm-Lunch
1:00pm-Speaker

Join us for our annual AA picnic!
Meat and drinks provided.
Please bring a covered dish.



41st

Illinois State Conference of Young People in A.A.

HOST Committee

*Presents an
Epic*

*** \$15
Entry Fee**

Winner takes
50% of Entry pot

** 'Appetizer'
Potluck*

*** 50\50**

to PRE-REG
for ISCPAA 41
visit
www.iscypaa.org

**Saturday, October 14, 2023
11 am - 3 pm**

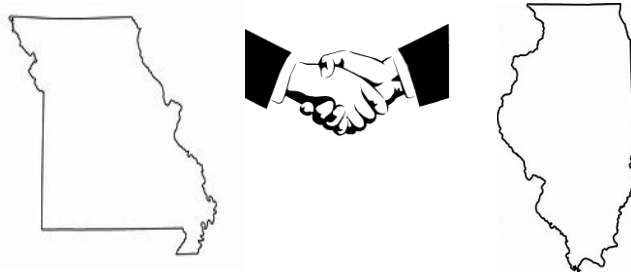
New Day Recovery Club
4046 Forest Blvd
East St. Louis, Illinois 62204



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25TH Annual Illinois Missouri Men's AA Unity Breakfast



“First Tradition: Personal Recovery Depends Upon AA Unity”
Please join us for the Annual 2023 AA Men's Breakfast

When: Sunday, November 5, 2023

Where: Regency Conference Center, 400 Regency Park Drive, O'Fallon Illinois 62268

Doors Open: 8:00 am

Breakfast: 9:00 am

Speaker: 10:00 am Don B.

Tickets: \$30

—> **Reserved seating limited to tables of 8 (\$240) call:** Bill D. @ (314) 971-0251

For General Information call: Bill W. @ (618) 567-5731

No Tickets Sold at The Door!!!! Ticket sales deadline is October 24.

2023 Annual Men's Breakfast – Registration Form

(Complete this form to order tickets by mail!)

Individual tickets may be purchased by filling out the registration form and returning it with payment to
400 Biltmore Dr. Ste. 540 Fenton, Mo. 63026. **Reserved seating is available, TABLES OF 8**, by
contacting **Bill D. (314) 971-0251**

No electronic tickets accepted (paper tickets only)

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

OF PEOPLE _____ SCHOLARSHIP DONATION _____ TOTAL ENCLOSED: _____

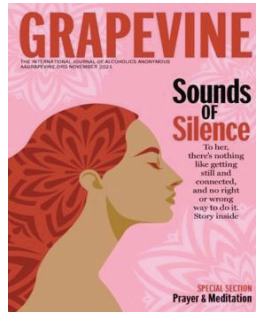
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