

85 years? Really? Alcoholics Anonymous has been around that long?

# DISTRICT 18 NEWSLETTER May Issue 2020

Next District meeting will be Online via Zoom: Sunday, May 17th at 2pm.

Meeting ID# 858 1578 1620 Password# 062497

District Website Link: <a href="https://aa-district18.org/">https://aa-district18.org/</a>
District Email: <a href="mailto:info@aa-district18.org/">info@aa-district18.org/</a>

Area 21 Website Link: https://area21aa.org/ AA Website Link: http://www.aa.org/



What articles or subjects will interest and inspire readers?

## Am I Responsible?

Well...... let's get "Into Action", and see where it leads us. Feel free to click on any of the direct links for referenced or credited links.

Yep, June 10th, 1935 is a very significant <u>Historical Date in Our History</u>, as any current member can directly trace their own sobriety date to that of Bill and Bob's meetings in Akron, Ohio. Our treasured text book "Alcoholics Anonymous", affectionately nicknamed "The Big Book", would come along 4 years later in 1939.

I wonder what newcomers will think in 50 years? ......... "You were sober back during the coronavirus pandemic of 2020? How did you all do it without physical meetings? How could you possibly not drink when you had nothing to do but sit at home? What's a Zoom meeting?"

What were newcomers thinking 75 years ago?...... "You stayed sober while the world was at war, and people were dying everywhere? You survived the great influenza pandemic? Rocket ships and NO internet?

#### 1. ... war?

12&12 Step Three, p.38

Would they be <u>able</u> to <u>take discipline</u>, <u>stand up under fire</u>, and <u>endure</u> the <u>monotony</u> and <u>misery</u> of <u>war</u>?

### 2. ... war disillusionment, ever more serious alcoholism, impending ...

BB We Agnostics, p.56

<u>Po st-war disillusionment</u>, <u>ever more serious alcoholism</u>, <u>impending mental and physical collapse</u>, <u>brought him to the point of self-destruction</u>.

#### 3. War fever ran high in the New ...

BB Bill's Story, p.1

War <u>fever ran high</u> in the <u>New England town</u> to which we <u>new</u>, <u>young officers</u> from <u>Plattsburg</u> were <u>assigned</u>, and we were <u>flattered</u> when the <u>first citizens took</u> us to their <u>homes</u>, <u>making</u> us <u>feel heroic</u>.

How will the <u>12 Traditions</u> (\*long form) hold the groups and A.A. together as a whole, during a world wide lock down?

<sup>\*</sup>credit www.164andmore.com

#### A Guide to the Study of The Twelve Steps of Alcoholics Anonymous (\*circa 1944)



Twelfth principle - Service to Others.
 SERVICE - A helpful act; contribution to the welfare of others; useful labor that does not produce a tangible commodity.

"I have to give it away, to keep it?" Seriously?

Ok, so your telling me that I need a psychic change? It's about changing my thinking?



The Doctor's Opinion (pdf.)

This writer also found this linked article from Renascent, very user friendly.

# Recovery From Addiction: Why an Entire Psychic Change is Required

by Renascent Alumni | Jul 2, 2015



A timely statement from the book, *Our Great Responsibility*, that came out last year.

In 1960, during the 10th General Service Conference, Bill W. said the following in his talk called, "AA In an Era of Change":

"We live in an era of change. Our Twelve Steps probably won't change; The Traditions, not at all likely. But our manner of communication, our manner of organizing ourselves for function, for service—let us hope that this goes on changing for the better, forever....We reference the past and its lessons for so long as those teachings work. When they don't we re-adapt and we re-shift. That has been our history."

\*\* Credit SIA Area 21 Delegate Bobby D. for submitting the aforementioned to the District 18 newsletter.

Wikipedia Alcoholics Anonymous (AA) History, (with referenced links)

To read a PDF version of the Fourth Edition of *Alcoholics Anonymous* click here.